



Mental Health Awareness Week



Children's Mental Health Week 2018
5-11 February #childrensmhw
ChildrensMentalHealthWeek.org.uk

Being Ourselves



Value of the month



Democracy

- Taking part
- Listening to the views of others
- Helping make decisions
- Having an opinion



Article 13 : Your right to have information.

We are pleased to announce that both Heathland and Whitefriars schools are taking part in Children's Mental Health Awareness Week supported by Place2Be. Children's Mental Health Week will take place from Monday 5th February - Friday 9th February 2018 and we are encouraging children to celebrate their uniqueness. It's all about #BeingOurselves! During this week we will also be raising money for the children's charity Place2Be by having a fun 'Being Ourselves' non-school uniform day on Friday 9th February. We are all looking forward to taking part!

Bletchley Park



Year 9 students enjoyed a trip to Bletchley Park, where they had a workshop on Codes and Ciphers. They learnt all about the work that was done there during WWII, and even got to try out a real Enigma machine that the German's used to send secret messages with!



Article 13 : Your right to have information.

Inter-House

After a term of many competitions including Design a Christmas card, a basketball tournament, a Cryptography challenge, the weekly quiz and the Whitefriars calendar, the new results are very close!

| | | |
|-----|-----------|-----|
| 1st | Curie | 303 |
| 1st | Mendeleev | 303 |
| 3rd | Hawking | 302 |

The events we have this half term are: table tennis, design a postcard, creative writing and the weekly quiz.





Warwick Castle



Year 7 visited Warwick Castle to learn how castles developed and how they were attacked and defended in Medieval times.

The Royal Observatory



Year 8 students stood on the world's Prime Meridian, took an awe inspiring journey through space and discovered the home of Greenwich Mean Time.

Rights Respecting



Our school is a Rights Respecting School and each form has nominated their new Rights Respecting Ambassadors

 Article 2 : All children have these rights no matter what!



Children in Need

Thank you to everyone who supported Children in Need. We raised £329.81.

Award Winners

Many congratulations to the students who have achieved their Bronze and Silver Awards this month.

Bronze Awards

Rahib - 7 Bach
Molly - 7 Armstrong
Ali - 7 Dylan
Johnathan - 7 Lang
Ridhi - 7 Armstrong
Jerrica - 7 Lang
Mia - 7 Lang
Abdullah - 7 Lennon
Afrah - 7 Dylan

Maryam - 8 Aristotle
Harsh - 8 Socrates
Iyaad - 8 Aristotle
Anand - 8 Socrates
Jad - 8 Aristotle
Akmal - 8 Confucius
Destiny - 8 Aristotle
Najma - 8 Aristotle
Caleb - 8 Aristotle
Anamaria - 8 Aristotle

Amina - 8 Plato
Hardika - 8 Socrates
Sabir - 9 Hawking
Rashi - 9 Hawking
Aleena - 9 Hawking
Arjun - 9 Hawking
Nathan - 9 Curie
Andreea - 9 Curie
Hawraa - 9 Curie
Hajna - 9 Mendeleev
Stan - 9 Hawking

Silver Awards

Omaima - 7 Armstrong
Eva - 7 Armstrong
Chris - 8 Socrates
Jumanah - 8 Aristotle
Anamaria - 8 Aristotle
Zaki - 8 Aristotle
Archisha - 9 Mendeleev



Article 29 : Your right to become the best that you can be



Cross Country Competition



26 students went to the Harrow Borough Cross Country Competition. The students competed against other schools in Harrow and all displayed amazing effort. Many congratulations to Charlize McFarlane and Anamaria Samargi in Year 8 who have qualified for the Middlesex championships!

Giacometti Sculptures



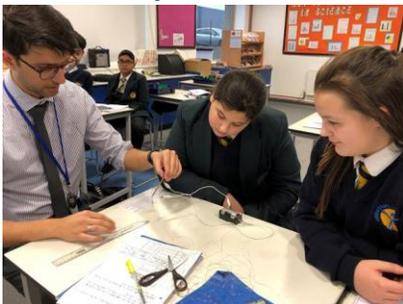
In Art Year 9 have been making sculptures that are a response to Giacometti's continuous line drawings and elongated figures.

STEM Challenge Finals



Year 9 students recently attended the finals for a STEM Challenge Competition held at Queen Mary's University. The students were required to programme a Lego Mindstorm robot to manoeuvre around a maze.

Electricity



Year 8 have been learning about electricity and magnetism. Students have learned how to make their own electric motors and how to power an electromagnet using nothing more than an iron nail, some insulated wire and a power source.

Diary Dates for February...

- 5th - 9th ~ E-Safety Week
- 6th ~ E-Safety Day
- 5th - 9th ~ Mental Health Awareness Week
- 12th - 16th ~ Half Term
- 28th ~ Year 9 Options Evening



@WhitefriarsNews

Cheerleading



Every week our students hone their skills in cheerleading club.



Article 15 : Your right to meet with friends and join groups and clubs.

Juggling



Juggling club has been added to our innovative and ever growing clubs programme.



Article 29 : Your right to become the best that you can be.



Junk Band



Junk band enables students to make music using unusual materials as instruments. We use old car wheels, old drain pipes, old buckets and water containers as drums. We have started to work on a part of the Star Wars and James Bond themes.

Netball



The netball team enjoyed two trips in Term 1 to Hatch End and Bentley Wood; playing friendly matches to improve their skills and practice against other teams. This term, we are looking forward to more friendlies, with the aim of preparing for a wider school competition in Term 3.

Cooking



Year 7 are enjoying cooking for the first time. They are learning new skills and techniques which will enhance their presentation and cooking skills.

Design Technology



In product design Year 9's are currently making a small storage box this term.



Article 28 : Your right to learn and go to school.

Drama



We have been having lots of fun in Drama Club recently. Our warm-ups encourage us to be silent and still, reflecting on our day and leaving any issues behind us. We then move to activity and energy, using all the space around the room. We have been using scripts to springboard our own improvisations. These have focused on the development of character and usually involve lots of laughter and randomness.

Ode to Harrow



The Ode to Harrow books are a result of a collaboration with English where they have been studying the poem Ode to Harrow written by Daljit Nagra, a resident of Harrow. They have been learning about illustration and the importance of visualising words.